



# Kirsten Aarden

www.kirstenaarden.com  
info@kirstenaarden.com



Spotlight number: 9858-5644-6418  
Equity membership: M00276297

Height: 5'5" (165cm)  
Weight: 8st. 9lb. (55kg)  
Build: Slim  
Eye colour: Hazel  
Hair colour: Blond(e)  
Hair length: Long  
Voice quality: Clear  
Voice character: Engaging

Photograph: John Clark

**\*\*In Post-Production for 'Isabella' in Rosamunde Pilcher's 'Wherever You Go', FFP New Media, Directed by Hans Jürgen Tögel, DOP Gernot Köhler**

## Film

Rosamunde Pilcher's 'Wherever You Go'	Isobel (supporting)	FFP New Media, Dir. Hans Jürgen Tögel, DOP. Gernot Köhler
I Love You Baby	Sara (supporting)	Ealing Studios, Dir. Marta Savina
How To...	Sue Ellen (lead)	Video Jug, Dir. Tobias Tobbell
Rapture Teaser Trailer	Alara (lead)	ROKMotion, Dir. Steven Nesbitt (35mm)
Olivia's Bell	Grace (supporting)	Sunshine Pictures, Dir. Deborah Raffaele
Words	Jean (lead)	Blind Ambition Pictures, Dir. Fabrice Blind
<i>Words aired at the International Shorts Festival Clermont-Ferrand, France</i>		
Innovations	Lucy (lead)	Uniwest Productions, Dir. Robbie Gibbon (35mm)
Resurrection Engine	Marilyn Monroe (lead)	Ealing Studios, Dir. George Tsikos
Three Minute Moments	Trish (supporting)	All Enquiries Productions, Dir. Don Allen
Claw	Suzy (supporting)	Feeling Spooky Productions, Dir. Mary Albanese
Song Catcher	Lize (lead)	MPM Productions, Dir. Helen Rensburg (35mm)

## Television

GSOH series	Lucy (supporting)	ROKMotion, Dir. Steven Nesbitt
GSOH series	Evelyn (supporting)	ROKMotion, Dir. Steven Nesbitt
'Masterclass Series'	Kirsten Aarden	ROKMotion, Dir. Steven Nesbitt (35mm)

## Theatre

Not to Meddle	Sarah (lead)	London Bites-Madam Jo Jo's, Dir. Ryan Metcalf
The Gingerbread Man	Elizabeth (lead)	London Bites-Madam Jo Jo's, The Spotlight
Catch	Hillary (lead)	New Wave Theatre, Dir. Kerry Child
<i>Nominated for Best Actress as "Hillary"</i>		
Angie and Pippa	Pippa (lead)	New Wave Theatre, Dir. Kerry Child

## Training

BA Degree	AFDA – Academy of Film and Dramatic Arts	First Class Honours
Degree Major - Acting for Film, Acting for Stage		Wilmien Rossouw, Deon Opperman,
Degree Sub-majors - Writing/Narrative, Directing		James Cunningham
Scene Study Workshop	London Actors Centre	Ivana Chubbuck
Meisner Technique	London Actors Centre	Scott Williams & Kate Maravan

## Accents

British, American, South African, Russian

## Skills

\* highly skilled      Abseiling, Athletics, Climbing, Horse-jumping\*, Horse-riding\*, Ice Skating, Mountain Biking, Roller Skating, Snowboarding, Animal handling, Improvisation, Writing\*, Directing, Motor vehicle manual driving licence

## Interesting facts

Climbed Kilimanjaro, Mount Kenya & Mount Margarita, Africa in 2000.  
Planning a second climb of Kilimanjaro in October 2010 for a non-profit organisation Action4Africa.  
Co-founded Action4Africa in Jan 2009.